

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title: PLAY, ART AND MUSIC THERAPY

Code No.: DSW 210-2

Program: DEVELOPMENTAL SERVICES WORKER (D.S.W.)

Semester: FOURTH

Date: JANUARY 1987

Author: TIIT TAMMIK AND ED FINN

New: \_\_\_\_\_ Revision: X

APPROVED: N. Koch N. Koch  
Chairperson

Jan. 12/87  
Date

**COURSE OUTLINE:**

Play, art and music therapies will be studied in relation to how they can be used to enhance overall human development and provide therapeutic experiences for developmentally handicapped persons. The theory, methodology and practicum activities components of this course will emphasize the role of the arts as a vehicle for developing the various (i.e. cognitive, social, emotional, sensorimotor, creative, etc.) skills and aspects of the "whole" person.

**COURSE GOALS:**

1. To develop an understanding of the potential and use of the arts as therapeutic and human development vehicles.
2. To develop an understanding of the theory, methodology and practical applications of play, art and music as therapeutic and learning tools to enhance the development of developmentally handicapped persons of all ages.
3. To develop an understanding of how play, art and music can be used to enhance the motor, cognitive, social, emotional and creative development of developmentally handicapped persons.
4. To enhance the students' awareness and skills to access and utilize community resources and services pertaining to play, art and music activities.

**COURSE OBJECTIVES:**

To be able to critically discuss and demonstrate, through oral and written work and through involvement in practicum activities, an understanding of:

1. how play, art and music can be used to enhance the motor, cognitive, social, emotional and creative development of developmentally handicapped persons.
2. the theory, methodology and practical applications of the arts and tools of therapy and human learning used to enhance the development of the "whole" person.
3. how to access and utilize community resources and services pertaining to play, art and music activities for the benefit of developmentally handicapped persons of all ages.

**METHODOLOGY:**

Student learning will be facilitated by: lecture, class discussions,  
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role play, audio-visual presentations and guest lecturers/facilitators (when available).

**TEXT:**

"Music for Fun, Music for Learning". Third Edition by  
Lois Birkenshaw, Publisher: Holt, Rinehart and Winston, Toronto,  
1982.

**NOTE:** Additional readings and/or viewings of audio-visual materials will be assigned during the course at the discretion of the instructor.

**EVALUATION:**

The overall final course grade will be 50%/50% average of each of the two instructors' sections.

Students will be responsible for regular class attendance and participation in all areas of the course and for all assigned readings, practicum activities, assignments and tests as requested by the instructors.

**NOTE:** The course evaluation system may be modified at the discretion of the instructors.

**SYLLABUS** (Topics):

**T. Tammik's section - Introduction and music therapies**

- introduction to course and review of course outline.
- play, art and music as vehicles of therapy and tools to enhance the learning of the "whole" developmentally handicapped person.
- theories, methodologies and practicum activities in music therapy.
- using music as a medium to enhance the motor, cognitive, social, emotional and creative development of developmentally handicapped persons of all ages.
- planning, implementing and evaluating music therapy activities.

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**ASSIGNED READINGS: (Tammik's Section)**

From:

**"Music for Fun, Music for Learning"**. Third Edition by  
Lois Birkenshaw; Publisher, Holt, Rinehart and Winston, 1982.

- pages 1 to 74,
- pages 187 to 197,
- pages 239 to 255,
- pages 293 to 323, and
- pages 347 to 366.

**NOTE:** Additional readings may be assigned at the discretion of the instructor.

**EVALUATION: (Tammik's section, 50% of overall course grade)**

1. Attendance and class participation	30%
2. Completion of mini-assignments	10%
3. Music Therapy project	30%
4. Test (date T.B.A. in class)	<u>30%</u>
<b>TOTAL =</b>	<b>100%</b>

**SYLLABUS (Topics):**

**Ed Finn's section**

Topics to be discussed in class.

**EVALUATION: (Ed Finn's section, 50% of overall course grade)**

1. Attendance and class participation (10%)
2. Art and Play activity assignment (60%)
3. Test (30%)

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NOTE: A final overall course grade of A, B, C or R will be awarded upon completion of all the course requirements, in accordance with the grading policy of the Developmental Services Worker Programme.

i.e.:

A	=	85 to 100%
B	=	75 to 84%
C	=	60 to 74%
R	=	below 60%